

**27 MARCH - 29 MARCH**

**swiss medical  
students' convention 2026**

# **who cares?!**



**WORKSHOP  
BOOKLET**



# Workshops

## TRAUMA ARTISTRY: The Gory Science of Moulage

by Elliott George Tyler, LAMA  
(Academic League of Acute  
Medicine)

English

Slot 1 & 2

Discover how medical simulations achieve heart-pounding realism through the gory science of moulage. You'll master simple techniques to create bone-chilling wounds before prepping the makeup for a full-scale trauma scene. Finally, you'll transform into a victim, using your realistic look to test your peers' responses during our major event simulation. Bridge the gap between Hollywood-style artistry and high-stakes clinical education in this unique "victim's perspective" experience.  
Extended Workshop (Both Slots)

## MAJOR MEDICAL EVENT MANAGEMENT - Bronze Level

by Elliott George Tyler, LAMA  
(Academic League of Acute  
Medicine)

English

Slot 1 & 2

Ever wondered how the Swiss emergency system scales up during a mass casualty event? This Bronze Level training explores the "Rulz are Rulz" of triage and crisis logistics where structure saves lives. After mastering the theory, you'll dive into a high-stakes simulation, taking on active roles in coordination and pre-triage. Join us to learn team dynamics in a realistic, high-energy environment and leave ready to justify life-saving decisions under pressure.  
Extended Workshop (Both Slots)

## Ultrasound in primary care: POCUS emergency sonography

by Simon Schneider  
(Young Sonographers)

EN & DE

Slot 1

Slot 2

The targeted use of point-of-care ultrasound (POCUS) is becoming increasingly important in primary care. This hands-on workshop teaches the basics of focused sonography for answering clearly defined clinical questions. Possible topics: - POCUS abdomen – cholecystitis? - POCUS E-FAST – free fluid - POCUS vessels and TVT – aortic aneurysm - POCUS puncture – access in difficult conditions. Appropriately applied ultrasound examinations can prevent unnecessary referrals to hospitals and quickly provide answers to clearly defined questions. This can reduce healthcare costs and relieve the Swiss healthcare system financially and in terms of resources.

## Musculoskeletal Complaints in the Swiss Healthcare System: The Role of Chiropractic Care

by Anne Thallinger

German

Slot 1

Slot 2

Musculoskeletal complaints, particularly back pain, are among the most common reasons for medical consultations and represent one of the leading causes of Years Lived with Disability worldwide. This workshop explores the role of chiropractic care within the Swiss healthcare system and its contribution to the evidence-based conservative management of such conditions. Using current evidence, epidemiological data, and clinical case examples, the session will illustrate when chiropractic treatment may be appropriate and how it can be integrated into interprofessional patient care.

## Treating in a Connected System: How Integrated Care Can Make Your Daily Work Easier

by Eva Blozik, Sarah Bünter, Christian Frei, Emilia Blozik, (Swica)

German

Slot 1

Slot 2

This workshop provides a compact introduction to integrated care and illustrates, using concrete examples from SWICA, how seamless and efficient patient care can be implemented. You will learn why integrated care is so important in Switzerland and which goals it aims to achieve. Together with you, we would like to explore where you still see potential in Switzerland to better connect healthcare services and make them more patient centered. In particular, we are interested in the role you believe health insurers should play in this collaboration. Through discussion and exchange, we will develop ideas on what closer cooperation could look like and what direct benefits integrated care can offer in your medical practice. The goal is for you to understand how such models can reduce your workload while simultaneously strengthening the quality of healthcare in Switzerland.

## Prevent Overprevention – Optimize Underprevention

by Reto Auer (Eviprev, BIHAM)

English

Slot 1

Slot 2

Check ups are a central component of primary care. At the same time, they carry the risk of overdiagnosis and unnecessary use of healthcare resources. While some patients receive excessive preventive care ("overprevention"), important preventive opportunities remain unused in others ("underprevention").

This workshop explores how preventive measures can be implemented in an evidence based, patient centered and resource conscious way. Using current recommendations and practical examples, we will discuss which check up elements are meaningful, where restraint is advisable, and how prevention can be optimized in a targeted manner.

The aim is to promote a rational and effective check up approach in primary care that also contributes to the stability and sustainability of the healthcare system.

## Healthcare in Detention

by Anna-Lena Draths, Michelle Zahler, Aaron Steiner (Law Clinic Bern)

German

Slot 1

Slot 2

This workshop explores healthcare in detention at the intersection of law, medicine, and institutional practice. Using concrete examples from administrative detention, pre trial detention, and penal detention, we will discuss structural challenges such as access to medical care, medical confidentiality, and language barriers.

Interactive elements will enable participants to develop their own questions and critically reflect on typical challenges and dilemmas in this context.

## The Role of Aid Organizations and NGOs in the Swiss Healthcare System

by Alice Froidevaux (Medico international Schweiz)

German

Slot 1

Slot 2

The role of aid organizations and NGOs in the Swiss healthcare system goes far beyond simple support. They act as important bridges for marginalized groups and as critical voices advocating for greater health equity. In this 45 minute workshop, within the context of "Who cares!?", we will explore how these civil society actors help fill gaps in the system and the challenges they face at the intersection of ethics, politics, and economics.

## Improving Care by Asking the Right People: Lessons from Pediatric Migrant Health

by Julia Brandenburg, Farah Kazi, Veronika Wiemker

English

Slot 1

Slot 2

Using the Mi-CARE project to improve equity in pediatric migrant health as an example, this interactive workshop explores the value of participatory research and priority-setting approaches. We will discuss how listening to those directly affected—patients, caregivers, and healthcare professionals can strengthen Swiss and other European healthcare systems.

## Gender Medicine in practice

by Jeanne Moor

English

Slot 1

Slot 2

Examples based on clinical cases that incorporate both biological sex and sociocultural gender, and how current medical guidelines take these aspects into account.

## Medical History: Development of the System

by Pascal Germann

German

Slot 1

Slot 2

Historical overview of the development of the Swiss healthcare system and the processes that led to its current structure and characteristics.

## Lobbying in Switzerland: How to Make Your Voice Heard in Bern

by Balz Oertli

English

Slot 1

Slot 2

For more than a decade, the nonprofit Lobbywatch.ch documents the ties between members of parliament and outside interests and makes this data publicly available. In this workshop, board member Balz Oertli uses the health insurance and pharmaceutical industries as a case study to show how interest groups exert influence on the national parliament.

## Green Hospital – utopia or feasibility? Sustainability in the Swiss healthcare system

by Ariana Schmitt (Health for Future)

English

Slot 1

Slot 2

How sustainable is the Swiss healthcare system at present? Why is this topic essential for healthcare professionals? And what concrete steps can and must we take – in our everyday working lives, in research and as a society?

## Less is more – what do we spend money for at the end of life?

by Steffen Eychmüller (Universitäres Zentrum für Palliative Care)

English

Slot 1

Slot 2

Health expenditures at the end of life are important: 10% of all healthcare costs per patient and the entire lifespan we spend during the last weeks of life, which is in average 32.500 CHF. Two thirds of these costs originate from hospital care. Whereas acute care for accidents and sudden deterioration in otherwise healthy persons may of course be justified, more questions arise when people are already seriously ill and evidence for benefit of medical interventions is low. We may need to discuss the idea of 'goal concordant care' of individualized treatment decisions in order to avoid under- or overtreatment. Based on data from patients receiving specialist palliative care this workshop will reflect on new strategies how to individualize and better justify healthcare expenditures in a fragmented and sectorized healthcare system in Switzerland.

## Hospitals in Transition – Where Are They Heading? Trends and Perspectives

by Beat Kunz (Lead consultants Bern, Senior Project Manager)

German

Slot 1

Slot 2

In this workshop, we explore the evolution of hospitals from their historical roots to the disruptive trends shaping their future. Together, we will analyze current developments in the healthcare sector and discuss visionary concepts from leading and innovative hospitals. Will the discussion in this workshop change our personal perspectives on the future development of hospitals?

## Private Clinics: From Cherry Pickers to System Relevant Healthcare Providers

by Dominique Kuhlen,  
CMO Hirslanden

EN & DE

Slot 1

Slot 2

What actually still distinguishes a public from a private healthcare provider in the Swiss healthcare system today? A discussion of the corporate strategy of a private hospital group that has evolved from a “cherry picker” into a system-relevant healthcare provider in Switzerland —featuring university teaching appointments, a Clinical Trial Unit and research projects, SIWF-accredited training centers, certified tumor centers, and highly specialized medicine (HSM) mandates.

## Create your curriculum: What universities should teach us about the Swiss healthcare system?

by Florence Donzé, Simon Schneider

EN & DE

Slot 1

Slot 2

The Swiss healthcare system is complex, high-performing—and widely debated. But are students sufficiently prepared to understand it and actively contribute to shaping it?

In this interactive workshop, participants will develop their own curriculum: Which topics, competencies, and perspectives should universities teach in order to enable a well-founded understanding of the Swiss healthcare system? Key learning objectives and innovative teaching formats will be explored and defined.

The workshop combines system-level understanding with critical reflection and invites participants to rethink how education in this field should be designed.

## What Is My Medical Service Worth? A Look at Today's and Tomorrow's Tariff System

by Christoph Kilchenmann  
(prio.swiss)

German

Slot 1

Slot 2

At the beginning of this year, a new tariff system for ambulatory medical care was introduced in Switzerland. But does this mean the system is now perfect?

In this workshop, participants will explore the different ways in which patients and their insurers remunerate medical services. Together, we will examine the advantages and disadvantages of various reimbursement models — and perhaps even develop ideas on how the current system could evolve in the future.

## Digital Connectivity in the Swiss Healthcare System – Reality and Vision

by Adrian Schmid  
(federas)

German

Slot 1

Slot 2

This workshop examines the goals and current state of digital connectivity in the Swiss healthcare system, with a focus on the future Electronic Health Record, the national DigiSanté program, and its acceptance in clinical practice. We will discuss concrete challenges and their implications for future medical practice.

## Survival Kit for the First Year of Residency

by Afreed Ashraf

EN & DE

Slot 1

Slot 2

Starting the first year as a resident can be both exciting and overwhelming. This workshop provides a practical "survival kit" for the first year of residency, focusing on the essential skills, strategies, and mindsets needed to navigate the transition from medical student to practicing physician. Participants will gain practical tips on clinical decision-making, prioritization on the ward, communication with patients and colleagues, and managing common challenges such as time pressure and uncertainty. Through interactive discussion and real-life examples, the workshop aims to equip new residents with tools that help them work efficiently, maintain resilience, and build confidence in their daily clinical practice.

## Building Your Future in Primary Care – Strategic Career Choices in a Changing Healthcare Landscape

by Hannes Bangerter (jhas)

EN & DE

Slot 1

Slot 2

Primary care stands at the forefront of transformation in Swiss medicine. Digitalisation, technical innovation, interprofessional collaboration and the transformation toward organized group and health center models are fundamentally reshaping what it means to be a general practitioner. At the same time, the ongoing shift from inpatient to ambulatory care is increasing the relevance and responsibility of primary care within the healthcare system. The next decade will likely redefine the role of the general practitioner. And today's medical students will be the generation shaping that change.

## SHAPE-ing the interprofessional future together; Who is involved in the care of a patient recovering from an acute medical event?

by SHAPED

English

Slot 1

Slot 2

This interactive workshop follows the journey of a patient after a myocardial infarction and explores the different roles involved in post-acute care and long-term recovery. Participants will examine how healthcare professionals from various disciplines contribute to the patient's rehabilitation, secondary prevention, and ongoing support. Through case-based discussion, the workshop will highlight current challenges in coordination, communication, and continuity of care. It will also encourage participants to reflect on whether new roles, responsibilities, or interfaces within the healthcare system could improve patient outcomes.

## French sign Language (Swiss)

by Mirela Hoti  
M.E.T.I.S

French

Slot 1

Slot 2

Introduction to the french sign language (Swiss)

## WHO to Swiss Brain Health Plan: From Policy to Action with Prof. Dr. Thomas Zeltner

K. Singer (LO-Swiss Brain Health Plan, K. Peter (TheNeuroClub) & L. Serban (LO-WHO)

English

Slot 1

Slot 2

Global health challenges require coordinated responses at both international and national levels. Organizations such as the WHO develop evidence-based recommendations, but how are these translated into national strategies? Which actors are involved, and how do global and national initiatives interact in practice? In this workshop, perspectives from the WHO and the Swiss Brain Health Plan provide insights into the development of international and national health initiatives and how they work together. Prof. Dr. Thomas Zeltner, Chairman and Interim CEO of the WHO Foundation, President of the Swiss Red Cross, former director of the Swiss Federal Office of Public Health, President of UNESCO Commission of Switzerland and Chairman of the Swiss Brain Health Plan, offers perspectives on national health strategy development and the translation of global recommendations into national action.

## The medical profession between health policy and professional politics

by Nora Wille, FMH

German

Slot 1

Slot 2

What is professional politics and how does it work? How does it influence health policy? What does a professional association do? And what opportunities arise from it? In this workshop by the FMH, we will explore the topics that interest you the most.

## Career opportunities beyond the hospital setting

by Johnson & Johnson

English

Slot 1

Many medical students envision their future careers primarily in hospitals or clinical practice, yet medical expertise is also highly valued in many other sectors. In this workshop, professionals from Johnson & Johnson share their personal career journeys and introduce the different roles involved in the development and lifecycle of healthcare products. Participants will gain insights into non-clinical career paths and early career opportunities in Switzerland, followed by an open Q&A.

## And Now Ethics as Well?!

by Monteverde Settimio

German

Slot 1

Medical ethics is as old or as young as medicine itself. In the education of medical and other healthcare professionals, it is often seen as a "minor" subject and tends to focus mainly on dramatic situations: the allocation of scarce organs, triage during a pandemic, or dealing with requests for assisted suicide where this is legally permitted. In doing so, it is easy to overlook that medical ethics encompasses far more than decisions in extreme situations.

At its core, medical ethics addresses the question of what makes a good physician, nurse, physiotherapist, midwife, or other healthcare professional, and how personal values are negotiated in everyday clinical practice. Ethics therefore already becomes visible in how diagnoses are communicated, how difficult conversations about life and death are conducted, and how patients are involved in decision making or not. What are your own ideas of a good healthcare professional? What do you expect from employers, from society, and from patients in order to live according to these values in your future professional practice? In this workshop, we will discuss these questions using concrete examples and real life situations.

## Transgender Health Beyond Transition- Related Care

by Arianne Bavarel  
(NORA, National Officer of  
swimsa)

English

Slot 1

How to take care of transgender patients outside of transition related care.

## Inside swimsa Exchanges

by Marni Keller  
(VPX Exchanges Team of  
swimsa)

English

Slot 1

Curious about what med. students exchanges really look like around the world?

In this interactive workshop, we invite you to explore the global landscape of swimsa and IFMSA exchanges. Together, we will discover how clinical and research exchange programs are structured, what makes them unique, and how opportunities differ across regions and countries. You will gain a clear overview of how exchanges function, learn where to find reliable information about programs worldwide, and better understand the possibilities available to you – whether you are thinking about going on exchange or becoming involved locally.

If you want to broaden your perspective, understand the system behind international exchanges, and get inspired by the diversity of programs across the globe, this session is for you.

## Cut. Suture. Next.

by Young Surgical Students  
Association Bern (YSSA Bern)

German

Slot 1

Slot 2

In this hands-on workshop, participants practice essential surgical skills in short, focused stations. Beyond technical skills, this workshop also reflects on how structural aspects of the Swiss healthcare system influence surgical training and daily practice – such as time pressure, limited teaching opportunities, and resource constraints.

## Gesundheitsversorgu ng im Berggebiet, Ein- und Ausblicke zur medizinischen Versorgung in der Peripherie

by Dominik Utiger

German

Slot 1

Slot 2

Der Workshop gibt Ein- und Ausblicke in die Gesundheitsversorgung im Albulatal als Beispiel für ein vielfältiges, spannendes und sinnvolles berufliches Engagement in der Peripherie.

## How can we care?

by Christoph Meier,  
Klinikdirektor Innere Medizin  
USZ

German

Slot 1

Slot 2

Quality / Value based health care